

PUBLIC TRANSPORTATION

Cities Area Transit (CAT) - Fixed Route

Services: City bus service

Eligibility: Open to the public

Fare: Adult = \$1.50 per ride cash or \$10.00 for ten ride card; Student = \$0.75 per ride cash or \$6.50 for ten ride card; Seniors/Disabled = \$0.60 per ride cash or \$5.00 for ten ride card; UND & NCTC students ride free with college-issued student ID and bus pass

On the web: www.grandforksgov.com/bus

Email: dbergman@grandforksgov.com

Phone: 701-746-8108

Hours of Service: M-F 6:30 am – 6:30 pm; Sat 10:00 am – 6:30 pm; Night Bus M-Sat 6:00 pm – 10:00 pm

Cities Area Transit (CAT) – Paratransit

Services: Contracts with Grand Forks Taxi for Dial-A-Ride and Senior Rider “origin to destination” service

Eligibility: Age 62+ for Senior Rider program; per application for Dial-A-Ride

Fare: \$3.00 per trip

On the web: www.grandforksgov.com/bus

Email: dbergman@grandforksgov.com

Phone: 701-787-9120

Dispatch Hours: M-F 6:30 am – 5:30 pm; Sat 7:30 am – 5:30 pm

Vehicle Service Hours: M-F 6:00 am – 10:00 pm; Sat 8:00 am – 10:00 pm

RURAL PUBLIC TRANSPORTATION

Tri-Valley Heartland Express “The BUS”

Services: Provides paratransit and fixed route services in counties of Polk, Pennington, Norman, Red Lake, Marshall, Clearwater & Kittson (travel trainer on staff)

Eligibility: Open to the public

Fare: Contact Agency

On the web: www.tvoc.org

Phone: for reservations call: 800-201-3432 or 218-281-0700

Hours of service: Public Transit: 6:30 am – 7:00 pm

Volunteer Drivers: 24 / 7

Pembina County Meals & Transportation

Services: Provides rides for medical, shopping, airport and bus depot connections, etc. Serves communities of Drayton, St. Thomas, Cavalier, Walhalla, Crystal, Pembina, Niche, and Mountain

Eligibility: Open to the public

Fare: \$12 for rides to Grand Forks; \$6 for rides from city to city within Pembina County; \$3 for rides within the cities of Drayton and Cavalier; other destinations available by special arrangement

Email: pcmt@polarcomm.com

Phone: 701-454-6586

Hours of Service: 8:00 am – 5:00 pm

Valley Senior Services

Services: Provides rides in Cass, Traill, Steele, Richland, Ransom, Sargent, and rural Grand Forks counties.

Eligibility: Open to the public

Fare: \$6.00 suggested

On the web: www.valleyseniorservices.org

Phone: 1-800-845-1715 to reserve a ride

Hours of service: 7:00 am – 7:00 pm, 10 days per month

Walsh County Transportation

Services: Provides rides to Grand Forks, Grafton, Park River, Devils Lake, and Fargo

Eligibility: Open to the public

Fare: Varies

Phone: 701-284-7980

Hours of Service: M-Sat. 7:00 am – 7:00 pm

Nelson County Transit

Services: Provides transportation within Nelson County (Mondays), to Devils Lake (Tuesdays, Thursdays, Saturdays), Grand Forks (Wednesdays), and Fargo (3rd Friday of the month)

Eligibility: Open to the public

Fare: \$5 in Nelson County; \$10 to Devils Lake and Grand Forks; \$16 to Fargo

On the web: www.nelsoncountytransit.com

Phone: 701-322-5557 or 1-800-747-4782

Hours of Service: 8:00 am - 6:00 pm

Senior Meals and Services (Devils Lake)

Services: Provides public transportation in Ramsey and Eddy Counties, with main service in Devils Lake and New Rockford. Trips to Grand Forks on the 2nd Tuesday, 3rd Wednesday, and 4th Thursday of each month.

Fare: \$20 to Grand Forks. Contact agency for other prices.

Phone: 701-662-5061

Hours of Service: Varies. Appointments taken from 9:00 am – 2:00 pm

Address: 204 4th Ave NE, Devils Lake, ND 58301

PRIVATE TRANSPORTATION

Jefferson Lines

Services: Fixed route and charter motorcoach service
Fare: Based on distance and length of time
Website: www.jeffersonlines.com
Phone: 800-451-5333

Dietrich Bus Service

Services: Motorcoach service and school bus service
Fare: Based on distance and length of time
Phone: 701-772-0601
Hours of Service: Varies

Red White and Blue Taxi & Shuttle Service

Services: Private taxi and shuttle service
Fare: \$3.00 plus \$2.40 per mile. Shuttle rates vary.
On the web: <http://rwdtaxi.com>
Phone: 701-746-5008
Hours of Operation: 24 / 7

Grand Forks Taxi Co.

Services: Private taxi service
Fare: \$3.00 plus \$0.30 each additional 1/8 mile; \$1.00 for each extra person
On the web: www.grandforkstaxi.net
Phone: 701-780-8890 or 701-775-TAXI
Hours of Service: 24 / 7

Nodak Radio Cab Co.

Services: Private taxi service
Fare: \$2.75 plus \$0.30 each additional 1/8 mile
Phone: 701-772-3456
Hours of Service: 24 / 7

City Cab Taxi

Services: Private taxi and shuttle service. 15-passenger vans and school busses available.
Fare: Airport to north-end destination = \$15.00; Airport to south-end destination = \$18.00. Shuttle and large group prices vary.
Phone: 701-757-1667
Hours of Service: 24 / 7

AGENCY TRANSPORTATION

Disabled American Veterans (DAV)

Services: Vans make weekly trips to the VA Medical Center in Fargo.
Eligibility: U.S. Veterans who have registered with the Veterans Service Office
Fare: Free
On the web: www.nd.gov/veterans
Phone: For reservations call 701-780-8296

Development Homes Inc.

Services: Offers limited demand responsive transportation for medical appointments, recreation, and leisure. Clients also use CAT fixed route and paratransit services.
Eligibility: Clients only
Fare: Varies – some included in services; others responsible to pay own transportation costs.
On the web: www.developmenthomes.org
Phone: 701-335-4000
Hours of Service: 24 / 7
Address: 3880 S Columbia Rd, Grand Forks, ND 58201

Northlands Rescue Mission

Services: Transportation for residents to medical appointments
Eligibility: Residents
Fare: Free
On the web: www.northlandsrescuemission.org
Email: info@jointhemission.org
Phone: 701-772-6609

REM Northstar, Inc.

Services: Provides transportation for residents of homes
Eligibility: Residents only
On the web: www.reminc.com
Phone: 218-281-5113
Hours of Service: Daytime hours or as needed

Valley Memorial Homes

Services: Medical, recreational, and social transportation
Eligibility: Valley Memorial Homes residents, approximately 190 at skilled nursing facility (Valley Eldercare Center), 65 at basic care / assisted living (Tufte Manor), and 240 at 4000 Valley Square (Valley 4000)
Fare: Included in daily rate
On the web: www.valleymemorial.org
Email: grydland@valleymemorial.org
Hours of service: M-F clinic hours. M-F daytime recreational outings.

Address: Valley Eldercare Center / 2900 14th Ave S, Grand Forks, ND 58201;
Valley 4000 / 4000 24th Ave S, Grand Forks, ND 58201; Tufte Manor / 3300
Cherry St, Grand Forks, ND 58201

Polk County Developmental Achievement Center (DAC)

Services: Provides rides to and from home to DAC, and DAC to employment

Eligibility: Program participant. Developmentally disabled and age 18+

Fare: \$10.02

On the web: polkcountydac.com

Email: dac@midconetwork.com

Phone: 218-281-4181

Hours of Service: 7:00 am – 5:00 pm

North Dakota Association for the Disabled (NDAD)

Services: Information, advocacy, referral, financial assistance, personal attendant care, durable medical equipment, home and vehicle accessibility, prescription medications and out of town medical travel. Accessible vans are available for use for wheelchair users.

On the Web: www.ndad.org

Email: gf@ndad.org

Phone: 701-775-5577

Hours of Service: M-F 9:00 am – 5:00 pm

Address: 2660 South Columbia Road, Grand Forks, ND 58201

Parkwood Place

Services: Operates fixed schedule and transportation to medical appointments

Eligibility: Residents

Fare: None

On the web: www.altru.org/serviceslocations/parkwood.htm

Email: lbutler@altru.org

Phone: 701-780-2600

Hours of Service: 8:00 am – 4:30 pm

Altru Rehabilitation Center

Services: Transports patients to the Altru Rehab for therapy from within Grand Forks and East Grand Forks city limits.

Eligibility: Altru rehab patient with no other transportation

Fare: Free

On the web: www.altru.org

Phone: 701-780-2315

Hours of Service: 8:00 am – 5:00 pm

Success Unlimited, Inc.

Services: Provides rides to and from work at the Grand Forks Air Force Base

Eligibility: Recipient of agency's employment support services

Fare: \$1.50 per ride

On the Web: www.successunlimitedinc.org

Email: tanja@successunlimitedinc.org

Phone: 701-775-3356

Office Hours: M-F 8:00 am – 5:00 pm

Service Hours: 7:00 am – 5:00 pm

Good Samaritan Heritage Grove

Services: Transports residents

Eligibility: Residents only

Fare: Included in rent

On the web: www.good-sam.com

Phone: 218-773-7484

Hours of Service: M-F 8:00 am – 4:00 pm

St. Anne's Guest Home

Services: Transportation to medical appointments

Eligibility: Residents of Home

Email: stannes@midconetwork.com

Phone: 701-746-9401

Hours of Service: M-F 7:00 am – 3:30 pm

University of North Dakota

Services: Offers on campus shuttle service during the Fall and Spring Semesters.

Shuttles are also available for aviation students.

Eligibility: UND students, faculty, and staff

Fare: Free

On the web: www.transportation.und.edu (full routes and services)

Phone: 701-777-4030

Hours of Service: M-F 7:00 am – 10:00 pm

Faith in Action of Pembina County

Services: Provides transportation to and from medical appointments in local areas as well as Grand Forks, Fargo, Langdon, Hallock, Grafton and Park River.

Eligibility: Elderly, Frail or Disabled

Fare: No Charge for services. Donations are accepted, but not expected.

Phone: 701-265-6230

Hours of Service: Depending on scheduled appointments

TRAVEL REIMBURSEMENTS / VOUCHERS

Grand Forks Senior Citizens

Services: Fare assistance for low-income seniors of Grand Forks County

Eligibility: Contact Resource Coordinators

On the web: www.gfseniorcenter.org

Email: jaustin@gfseniorcenter.org

Phone: 701-772-7245

Hours of Service: M-F 8:00 am – 4:30 pm; Tuesday evenings

Address: 620 4th Ave S, Grand Forks, ND 58201

MN-DEED – Crookston Workforce Center

Services: Provides services for the Minnesota Family Investment program, Dislocated Worker program, and Workforce Investment Act. Enrolled applicants may receive support services for public transportation and/or gas vouchers to be used for job search and other activities.

Eligibility: Depends on the program; normally involves income verification

On the web: www.positivelyminnesota.com

Phone: 218-281-6020

Hours of Service: 8:00 am – 4:30 pm

Address: 1730 University Ave, Crookston, MN 56716

Red River Valley Community Action Agency

Services: Vouchers for specific destinations (Medical appointments, Job Interviews, Job Service)

Eligibility: Per application

On the web: www.rrvca.com

Phone: 701-746-5431

Hours of service: M-F 8:00 am – 5:00 pm

Address: 1013 N 5th St, Grand Forks, ND 58203

Job Service North Dakota

Services: Transit vouchers and mileage reimbursement

Eligibility: Per application

On the web: www.jobsnd.com

Email: infojsgf@state.nd.us

Phone: 701-795-3700

Hours of Service: M-F 8:00 am – 5:00 pm

Address: 1501 28th Ave S, Grand Forks, ND 58201

Foster Grandparent Program

Services: Provides passes for CAT Senior Rider service

Eligibility: Foster Grandparents only

Email: khillman@nd.gov

Phone: 701-795-3112

Hours of Service: 8:00 am – 5:00 pm

INFORMATION / ADVOCACY

The Arc, Upper Valley

Services: Advocacy and information for disabled. Information and referral.

On the web: www.thearcuppervalley.org

Email: psolga@arcuv.com

Phone: 701-772-6191

Hours of Service: 9:00 am – 4:00 pm

Address: 2500 Demers Ave, Grand Forks, ND 58201

Third Street Clinic

Services: Health care services for low-income residents of Grand Forks and Polk Counties. Information and referral.

Eligibility: All clients. Client eligibility is 30-day resident of GF or Polk County, uninsured, and household income within 150% of Federal Poverty Index.

On the web: www.thirdstreetclinic.org

Email: clinic@thirdstreetclinic.org

Phone: 701-772-1263

Hours of Service: 9:00 am – 4:00 pm

Address: 311 S 4th St, Grand Forks, ND 58201

Grand Forks County Social Services

Services: Information and referral

On the web: www.gfcounty.nd.gov

Phone: 701-787-8535

Hours of Service: M-F 8:00 am – 5:00 pm

Address: 151 S 4th St, Grand Forks, ND 58201

Grand Forks Region Economic Development Corporation

Services: Economic development services

Eligibility: Primary sector companies

On the web: www.grandforks.org

Email: info@grandforks.org

Phone: 701-746-2720

Hours of Service: M-F 8:00 am – 5:00 pm

Address: 600 Demers Ave, Suite 501, Grand Forks, ND 58201

Northeast Human Services Center

Services: Information on developmental disabilities, clinical services, vocational rehabilitation, medical services, and community services

Phone: 701-795-3000 or 1-800-256-6742

Hours of Service: M-F 8:00 am – 5:00 pm

Address: 151 S 4th St, Suite 401, Grand Forks, ND 58201

United Way

Services: Advocacy and information

On the Web: www.unitedwaygfegef.org

Phone: 701-775-8661

Hours of Service: M-F 9:00 am – 5:00 pm

Address: 1407 24th Ave S, Suite 400, Grand Forks, ND 58201

OPTIONS

Services: Information and referral, direct service, independent living skills training, peer mentoring, and advocacy for people with disabilities.

On the Web: www.macil.org/options

Email: options@myoptions.info

Phone: 218-773-6100 or 1-800-726-3692

Hours of Service: M-F 8:00 am – 5:00 pm

Address: 318 3rd St NW, East Grand Forks, MN 56721

Lutheran Social Services

Services: Support services for refugees to attain self sufficiency, including information, referral, and travel training.

On the web: www.lssnd.org

Phone: 701-772-7577 / 701-772-8552 (New American Services)

Hours of Service: M-F 8:00 am – 5:00 pm

Address: 412 Demers Ave, Grand Forks, ND 58201

Prairie Harvest Mental Health

Services:

On the web:

Phone:

Hours of Service:

Address: